

Session 7

THEME: WHO WILL HELP US?

Looking Back

- Follow up on anything from the last session, e.g., things they were encouraged to do.
- What was the most important thing you did or heard at the last session?

CONNECT

The Holy Spirit

Resources

Bibles, straw, tissue paper, long ruler

Icebreaker Activity

Things to prepare: A straw, a small piece of toilet paper rolled into a ball, a long ruler.

How to play: Place the ruler an arm's length horizontally away from you. Next, put the ball of rolled-out tissue paper in front of you. When the leader says, "Start," blow through the straw and direct the tissue towards the ruler. The one who gets the tissue ball across the ruler first wins.

Discussion

- ⇒ Was it easy to get the tissue ball moving in the direction of the ruler?
- ⇒ Did anyone touch the tissue ball?
- ⇒ How did the tissue ball cross over the ruler?
- ⇒ What helped it move in the right direction for us to win?

The breath blown through the straw causes the tissue ball to move in the direction to reach the winning mark. The breath (Holy Spirit) cannot be seen but can be felt and is present to help us in our lives to reach the mark.

The Bible speaks of GOD, who has promised us the Holy Spirit that is given to us to help/guide us to the winning mark. So let's have a look in the Bible to learn who this Holy Spirit is and what He does for us.

TRUTH TO KNOW

Focus for our faith: We can trust the Holy Spirit to lead and guide us.

Introduction

We want to help you know the Truth, and we are going to do our best to tell you what is true, but you don't just need to take our word. You need to read it in the Bible for yourself. So, each time we meet, we will open the Bible and read the Truth. This week's "Truth to Know" is found in John 16:7, 13-15.

IN:Tribe Connect

Remember that being in IN is like the Issachar Tribe: we are to know the times. We're also to know what to do.

We know Jesus is coming back.

We know when He returns, He will be a Warrior and King.

- He will rescue His people from bad things happening to them.

We know Jesus said there would be signs that would tell us His return is soon.

- We should watch for the signs and stand firm when times are tough.
- We should be ready for Jesus to come back.

Did you know the Bible tells us that we have the Holy Spirit to lead and guide us?

Background to this Bible passage

The night before Jesus was falsely arrested and then put on the cross, He gave the disciples some important news. He knew His hour had come to depart the world, and He has washed the disciples' feet.

The unfolding Story (your interactive "teaching")

Read John 14:16-18.

Jesus promised another Helper that He would send to the disciples when He departed. He introduced the Holy Spirit in John 14:16-18 as another Helper and the Spirit of Truth who dwells in us and will never leave us.

Who would you speak to if you only had a few hours to live, and what would you say?

Jesus' departing words included the Promised Holy Spirit.

- ⇒ Can you think of a situation in your life where you would not have succeeded without the help you received? It may be a test at school or a problem at home or even eating food as a baby!

There is a Helper promised to us.

Activity suggestion

Aim: To think about the difference between truths and lies and how the Holy Spirit will always speak Truth to us and guide us into all Truth.

Truth and Lie. Ask each group member to think of one Truth and one lie about themselves.

E.g., I love to go rock climbing (False). I have been to Israel 3 times (True).

Ask the children which statement is a truth about him/her? Which statement is a lie?

Discuss

John 16:7, 13-15.

A person's departing words are worth noting because they show what really matters to the person. For example, Jesus' parting words to the disciples said that it was to our advantage/good that He departs because ONLY then, the Holy Spirit would come to us. Before this, Jesus promises persecutions and that His disciples will continue to bear witness of Him.

- ⇒ Why did Jesus say His departure was a good thing for us? When He goes, the Holy Spirit can come to us.
- ⇒ What did Jesus call the Holy Spirit that has come to us? The Helper, Spirit of Truth.

There will be a lot of deception (lies/untruth) in the church and the world in the last days. It can be very confusing and scary.

- ⇒ What did Jesus say the Holy Spirit will do to help us through the difficult times of persecution, deception, and uncertainties? i) He leads us into all Truth, ii) He will tell us of things to come.

READY TO GO

Thinking about how this affects our lives and how to respond to the signs we see.

Think about the areas of our lives now that we need the Helper.

TIME FOR ACTION



1. "Stop and think" action point.

Carefully listen as you each spend some time sharing one area of your life that you know you need the HELPER so that you can grow to be more like Jesus.



2. "Pause to pray" action point.

- a. Take some time to pray for the person on your right after listening to the area they need help in. Then, ask the Holy Spirit to guide/lead and empower them.
- b. Take a minute to ask the Holy Spirit to show you someone He wants you to encourage or love in the weeks to come. Write down their name.



3. "Go and do" action point.

Go to the person the Holy Spirit has shown you. Speak/do what He has shown you for the person He wants you to encourage or love.

FOR DEEPER STUDY

For those who would like to study further about themes raised in the session.

For Study, read:

Who is the Holy Spirit? Read Matthew 28:19; 1 Corinthians 2:10-12; Ephesians 4:30; Hebrews 10:29; 1 Corinthians 12:11; John 16:13.

For Memorizing:

John 16:13: "He will guide you into all truth; for He will not speak on His own authority, but whatever He hears He will speak; and He will tell you things to come."

For Observation:

- a) Holy Spirit in creation (Genesis 1:2)
- b) Holy Spirit in Jesus' life (John 1:32)
- c) Holy Spirit in Jesus' return (Revelation 22:17)

For Action:

Pray to be led by the Holy Spirit. First, ask the Holy Spirit who He wants you to pray for this week. Then, ask the Holy Spirit to give you words of encouragement to share with the person.

Before the next IN:Tribe:

Read as much of the Gospel of John as you can or have time to and highlight the "Holy Spirit" each time he is mentioned. Then, share one thing that stood out about the Holy Spirit with your group.